# E-Motion 21

# Creative Response to Covid-19 Pandemic January 2021

Funded by Arts Council of Northern Ireland, Belfast City Council, The National

Lottery Community Fund and the Halifax Foundation Northern Ireland.

Due to new lockdown restrictions taking effect from the 26th December for six weeks, (ending 5th February), Tinderbox have radically re-directed their *Creativity in Motion* tour to a series of online creative workshops and performances to help and entertain during periods of isolation. Statistically, the month of January exposes higher levels of mental health issues and the impending lockdown will exacerbate and heighten levels of anxiety and isolation. The E-Motion project aims to offer creative programmes as tools to develop a sense of play as well as invite audiences to engage with performances specifically created in this current lockdown.

## **Creative Workshop Timetable**

Monday	Tuesday	Wednesday	Thursday	Friday
11th	12th	13th	14th	15th
<b>Singalong Music</b> <b>Party</b> Katie Richardson	<b>Throw it Back Dance Class</b> Paula O'Reilly	The Man Who Fell To Pieces - Mental Health Workshop Patrick O'Reilly	<b>Creative Writing</b> Jo Egan	Laughter Yoga Lisa Haycock
4pm-5pm	12pm-1pm	10am-11.30am	1pm-2pm	1pm-2pm
18th	19th	20th	21st	22nd
<b>Singalong Music Party</b> Katie Richardson	Throw it Back Dance Class Paula O'Reilly	The Man Who Fell To Pieces - Mental Health Workshop Patrick O'Reilly	<b>Creative Writing</b> Jo Egan	Laughter Yoga Lisa Haycock
4pm-5pm	12pm-1pm	10am-11.30am	1pm-2pm	1pm-2pm
25th	26th	27th	28th	29th
<b>Singalong Music Party</b> Katie Richardson	Throw it Back Dance Class Paula O'Reilly	<i>The Man Who Fell</i> <i>To Pieces</i> - Mental Health Workshop Patrick O'Reilly	<b>Creative Writing</b> Jo Egan	Laughter Yoga Lisa Haycock
4pm-5pm	12pm-1pm	10am-11.30am	1pm-2pm	1pm-2pm

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
<b>Singalong Music Party</b> Katie Richardson	<b>Throw it Back</b> <b>Dance Class</b> Paula O'Reilly	<i>The Man Who Fell</i> <i>To Pieces</i> - Mental Health Workshop Patrick O'Reilly	<b>Creative Writing</b> Jo Egan	Laughter Yoga Lisa Haycock
4pm-5pm	12pm-1pm	10am-11.30am	1pm-2pm	1pm-2pm



## **Performances: Bubbles**

Every week from the 15th January - 5th February, Tinderbox will premiere on social media platforms and YouTube channel *Back by Popular Demand*, a collection of Burlesque and satirical vignette films based on four characters who are discovering the meaning of life during the 6 week Covid-19 lockdown.

- *Daisy DIY* will have weekly videos and social media posts on Twitter, Instagram and Facebook through the month of January.
- *The Rise and Fall of Derek Bubble* will be a 30 minute documentary to premiere at the end of January.
- The Waiting Room will deliver four 15 minute films on our YouTube Channels each week.

# Daisy DIY (Instagram, Twitter, Facebook)

Daisy lives in middle class suburbia Belfast. Daisy enjoys the fine things in life such as chardonnay and Michael Buble albums. Daisy has read innumerable positivity books and keeps The Secret with her at all times. Daisy is in lockdown. However Daisy refuses to let lockdown get her down. Not one bit. Daisy decides to open herself to the world of social media influencing and starts a weekly online "creative DIY programme to lift her and our spirits during the long days and nights. Daisy loves being a social influencer and posts all of her videos on all social media platforms. Daisy does realise that the arts and crafts shops aren't open but that doesn't stop her! Oh no, Daisy decides that she can make anything an act of creation, from deep throat singing and cup balancing to using a hairdryer to blow crumbs off the table, **Everything is creative for Daisy**.

# Follow Daisy and her increasingly embarrassing acts of denouement every week on Instagram, Facebook, TikTok and look for *#daisyDIY*

# The Rise and Fall of Derek Bubble (Youtube 30 minute film/monologue)

Derek is planning his ultimate showdown, his latest neighbour bubble bust-up on his street. Derek is a member of community neighbourhood watch and is held in high regard by the local police. Since lockdown he has busted numerous social bubbles in his area such as Aoifes 8th Birthday party, New year parties and late night caller shenanigans. Nothing gets past Derek. For his commitment to public safety, Derek has faced attacks on the streets by the neighbours but he stands firm. Very firm. However with all stalwarts of the community, his rise to fame immediately crashed with a meeting in Ormeau park with one of ex-boyfriends. Derek states he was framed. His ex says otherwise. Who do you believe?

## Derek Bubble will premiere on the Tinderbox Youtube channel at the end of January.

## **The Waiting Room**

Meet Chris and Gary your NHS appointed, state funded, comic relief. They should be taken orally once a week for 15-20 minutes.

Artists from across the country have been subcontracted to work in the area of mental health. Due to their experience of going on tour and speaking to the public Chris and Gary have been put on a fast track course to become fully qualified M.D's and pioneer the new State Funded Comic Relief.

The show will be a fast-paced and variety style. Including all the different types of comedy Chris and Gary can think of in order to find your perfect prescription.

The Waiting Room will feature every week on Tinderbox YouTube Channel and social media.

